

CLAIMS

1. A process for producing a shaped food which comprises expanding hydrated dough containing soybean 7S protein by heating, followed by drying the expanded dough.

2. The process for producing the shaped food according to claim 1, wherein the hydrated dough contains a starchy substance.

3. The process for producing the shaped food according to claim 2, wherein the dough contains not less than 30% by weight of soybean 7S protein and not less than 10% by weight of the starchy substance in the solids content of the dough.

4. The process for producing the shaped food according to claim 1, wherein the dough is expanded by sandwich baking or microwave heating.

5. The process for producing the shaped food according to claim 1, wherein the final water content in the shaped food is not more than 12% by weight.

6. The process for producing the shaped food according to claim 1, wherein the water content in the dough at the completion of expansion by heating is not more than 30% by weight.

7. A shaped food obtained by the process according to any one of claims 1 to 6.